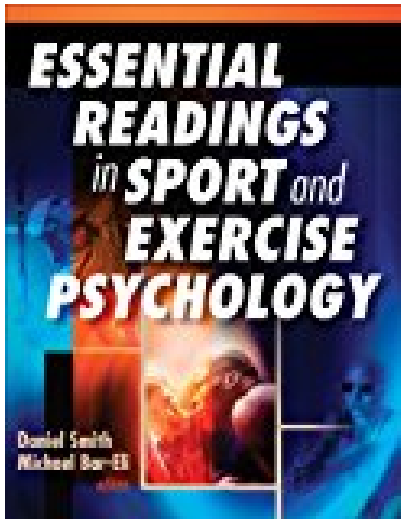


# Essential Readings in Sport and Exercise Psychology

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## BOOK DETAILS

- Author :
- Pages : 536 Pages
- Publisher : Human Kinetics
- Language : English
- ISBN : 0736057676



## BOOK SYNOPSIS

This is a collection of 50 of the most influential articles in the century-old field of sport and exercise psychology. The editors have abridged articles to ensure that the essential themes are covered but without extraneous explanation of concepts that may be covered by multiple articles.

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