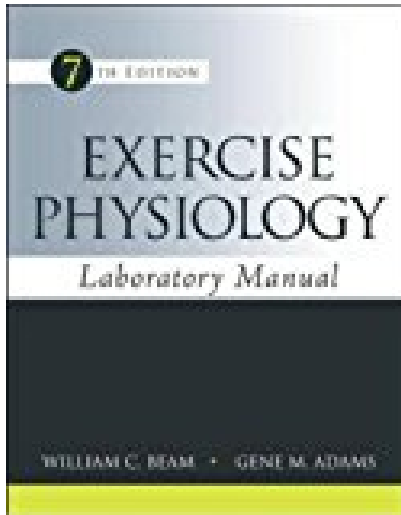


Exercise Physiology Laboratory Manual B&B Physical Education



BOOK DETAILS

- Author : William Beam
- Pages : 352 Pages
- Publisher : McGraw-Hill Education
- Language : English
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BOOK SYNOPSIS

This lab manual offers testing procedures used in the assessment of human performance, health, and wellness. Students will explore testing for oxygen consumption, anaerobic and aerobic fitness, musculoskeletal fitness, pulmonary function, body composition, ECG, and other areas.

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