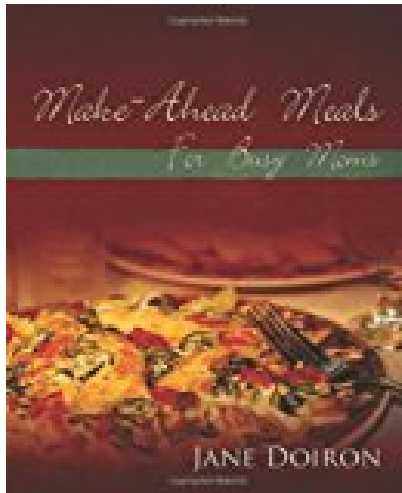


# Make Ahead Meals for Busy Moms

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## BOOK DETAILS

- Author : Jane Doiron
- Pages : 232 Pages
- Publisher : Outskirts Press
- Language : English
- ISBN : 1432720864

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## BOOK SYNOPSIS

What if you could save valuable time, money and effort all while enjoying better meals with the whole family? Make-Ahead Meals for Busy Moms shows you how with a whopping 140 delicious feasts that are so easy, you'll never opt for take-out again! The secret lies in Jane Doiron's recipes optimized for make-ahead preparation. You'll get special menus perfect for freezing, pre-assembling or quick reheating so that you can plan your family's dinners when you're ready, not when you feel pressured and stressed out. Inside Make-Ahead Meals for Busy Moms, discover: • Mouth-watering appetizers like crab melts, mini bacon quiche and sweet and spicy meatballs • Great-start breakfasts such as cranberry scones and make-ahead coffee cake • Filling mains, sides and soups including Italian restaurant chicken, pork Florentine, healthy broccoli slaw and hearty chili • Perfect desserts like tiramisu, mini cheesecakes and chocolate torte • Much, much more! So go ahead and make your family fabulous meals on your time without the guilt of fast food. Take the stress out of dinner planning and try these delicious make-ahead recipes the whole clan will love!

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