

The Nations Favourite Food



BOOK DETAILS

- Author : Neven Maguire
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BOOK SYNOPSIS

In a major online poll, the BBC asked the British public to choose their 100 favourite dishes in 10 categories ranging from Comfort Food to Food of Love, and from Food for Convenience to Party Food to Outdoor Food. While many of the votes were for some of the nations classic dishes, there were also some surprisig winners and the results will form the basis of a major 10-part BBC series that gives a fascinating insight into the way we eat today. This book accompanying the series contains recipes for all the winning dishes including modern twists on old favourites like fish and chips, full English breakfast, spaghetti bolognese and the quintessentially British scones with jam and clotted cream. The recipes are divided into themed chapters which reflect the categories of the poll and each chapter includes an introduction to explain the background to the dishes and beautiful photographs of some of the winning recipes. Accompanied by useful hints on regional variations and alternative ingredients, The Nations Favourite Food represents a definitive guide to Britains eating habits past and present.

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